

Reading: Acts 2: 37-40

Topic: Learning To Feed Yourself

INTRODUCTION: One of the things that is vital to the survival of the Christian _____ is to learn how to _____ yourself spiritually.

I. THE NATURAL LIFE:

A. Feed First:

1. In the world of nature, all newborn or hatched creatures are at first _____ by their parent or parents until they arrive at a certain _____ point.
2. Once the fledgling reaches that certain _____ point, then the parent or parents begin to teach the young how to _____ themselves by searching and hunting for their own food.

B. Humans & Feeding:

1. When a baby is _____, one of the first things that is taken care of once the baby is safely delivered is the nourishment of the new born _____ to provide strength for this new life.
2. For the first few months, the infant has to be either bottle _____ or breast _____ and then when it is time to start on solid food, it will be spoon _____ for a period of time.
3. Finally the time will come when the infant will be able to _____ its own bottle and attempt to use a spoon to _____ itself, and eventually will learn to eat without assistance.

II. THE SPIRITUAL LIFE:

A. New Birth:

1. When one hears and believes and obeys the _____ of Jesus Christ, one experiences the New Birth and comes to have a new _____ in the spiritual realm. Eph. 2:1
2. This new spiritual life is just as _____ as the natural life of the physical body and if that new life is to survive, it must have the same _____ taken of it as the natural life does. I Pet. 2:2

B. Spiritual Feeding:

1. There are several essential spiritual vitamins which are _____ to the spiritual growth and survival of our spiritual lives and if they are lacking in the spiritual diet, the _____ will be hindered.
2. The three basic essential spiritual vitamins for healthy spiritual _____ are p _____, then the W _____ of God and going to _____.

III. FEEDING YOURSELF:

A. Personal Responsibility:

1. When one reads the _____ of God, especially in the New Testament, it is noteworthy that the word yourself and the word yourselves are _____ a number of times with regards to spiritual life. Acts 2:40
2. From the personal choice of obeying the Gospel to be _____ until the time of the coming of the Lord a lot of our spiritual _____ and maturity will depend on our own spiritual behavior. Mt. 25:9

B. Growing Your Own Spiritual Life:

1. You make the choice to be _____ and to follow Jesus, but you also are the one who will decide the health and growth of your own spiritual _____. James 4:7
2. The Word of God gives a number of things that you are responsible to do yourself to _____ grow your own spiritual life:
 - a. Surrender _____ to God – Rom. 6:13
 - b. Keep _____ pure – I Tim. 5:22
 - c. Humble _____ before God - James 4:10
 - d. Keep _____ from idols – I Jn. 5:21
 - e. Take heed to _____ and to the _____ (the Word of God) – I Tim. 4:16
 - f. Study to show _____ approved unto God – 2 Tim. 2:15
 - g. Delight _____ in the Lord – Ps. 37:4
 - h. Build up _____ praying in the Holy Ghost – Jude 1:20

C. God Will Help:

1. In the present distress and circumstances that we find ourselves in, it is currently _____ to meet together as the Word of God _____ us to. Heb. 10:25
2. This is why it is so vital for all of us to _____ how to _____ ourselves spiritually to help our spiritual life to continue to _____ and grow even in the wilderness experience.
3. When God sent Elijah into the wilderness for a _____, God provided for Elijah's physical needs by settling him beside a brook for fresh _____ to drink and by sending him _____ in the morning and in the evening by special delivery through ravens. I Kings 17:6
4. If God will provide for Elijah and look after his natural physical needs, He will surely help _____ take care of your spiritual _____ and help you to learn to feed yourself.
5. Paul the Apostle had the experience of being under house arrest for two _____ which meant no opportunity to be in _____ and in _____ several times and yet he survived spiritually because he knew how feed himself.

CONCLUSION: When you were born again and received the Spirit of God, you received your own personal _____ of living water to drink from daily through _____ and worship, and you have the Word of God that you can _____ daily and digest as your spiritual food – use what God has given to you and you will survive spiritually! Jn. 4:14