

**Reading:** Galatians 5:16-26

**Topic:** Spiritual Self-Examination  
Questions – Part 2

**INTRODUCTION:** From time to time, every child of God, especially those involved in \_\_\_\_\_ need to take time to do some self-examination to evaluate \_\_\_\_\_ we are at spiritually.

### I. QUESTION # 1:

**Where Do You Spend Your Time And Money?** \_\_\_\_\_

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#### **A. Your Time:**

- The Word of God teaches us that we should “\_\_\_\_\_ the time” – that means count time as something valuable and \_\_\_\_\_ - not to be wasted. Eph. 5:15,16
- From the list below, evaluate your regular work or school day with regards to how much time you spend:
  - sleeping \_\_\_\_\_
  - commuting \_\_\_\_\_
  - working or in school \_\_\_\_\_
  - eating: \_\_\_\_\_
  - using your personal device for communication, entertainment, etc. \_\_\_\_\_
  - social media: \_\_\_\_\_
  - prayer and Word of God time: \_\_\_\_\_
  - ministry time: \_\_\_\_\_
  - other things \_\_\_\_\_
- Everyone has the same amount of time in a day and it is up to each of us as individuals how we \_\_\_\_\_ this precious commodity that God has \_\_\_\_\_ to us whether for good or bad. Col. 4:5

#### **B. Your Money:**

- Everyone needs \_\_\_\_\_ to live on and to provide for our basic \_\_\_\_\_ of life, but often we are blessed to have more than just our basic \_\_\_\_\_ supplied and what we do with what is given to us tells a lot about our personal spiritual condition.
- Do you pay your tithes (10% of your income) to the \_\_\_\_\_? Do you give offerings over and \_\_\_\_\_ your tithes? Do you have \_\_\_\_\_ for the latest gadgets and gizmos but say you can't afford to give to God what is rightfully His? Mal. 3:8
- Jesus taught a lot about finances in His ministry, confirming the giving of the \_\_\_\_\_ to God, and also that we will be judged on how we used what He gave to us in this life. Mt. 23:23

### II. QUESTION # 2:

**When You Are Stressed What Do You Turn To For Relief?** \_\_\_\_\_

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#### **A. Worldly Solutions:**

- Everyone experiences stress in life at \_\_\_\_\_ and researchers have determined that a certain amount of stress is \_\_\_\_\_ for people, but too much stress needs an outlet of some kind for relief.
- The solutions that the world uses for \_\_\_\_\_ from stress are not God's design for people – alcohol, drugs, pornography, fornication, etc. all of which are \_\_\_\_\_ and bring condemnation. Pr. 20:1

#### **B. God's Stress Relievers:**

- Jesus recognized the need for He and His disciples to withdraw from the \_\_\_\_\_ and pressure of the

- crowds of people and to get away to \_\_\_\_\_ and be refreshed in order to be effective again. Mk. 6:31,32
2. From the beginning, God established the principle of a \_\_\_\_\_ to get away from the work, stress and pressures of life to be renewed in \_\_\_\_\_, mind and spirit. Deut. 5:13,14
  3. It is a good idea to choose some form of recreation or relaxation that will be edifying to your \_\_\_\_\_ and mind and will benefit both you and \_\_\_\_\_ around you. I Th. 5:23
  4. Reminder – if shopping is your form of stress relief, be very \_\_\_\_\_ that you do not go on major spending sprees which will end up causing you even more \_\_\_\_\_ when the bills come in! Pr. 22:7

### III. QUESTION # 3:

**What Do You Sacrifice The Most For In Your Life?** \_\_\_\_\_

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#### **A. Your Priorities:**

1. Regardless of what we express with our \_\_\_\_\_, our priorities in life are really revealed by our actions and daily behaviors. Mt. 19:16,21,22
2. The thing that receives the largest part of our time, money, energy and \_\_\_\_\_ reveals our priority and what we are really willing to \_\_\_\_\_ for. Lk. 12:34
3. For some people, they may not even be \_\_\_\_\_ that they have begun to sacrifice to some \_\_\_\_\_ such as sports, materialism, entertainment, etc. which leaves little or no \_\_\_\_\_ for God. Ex. 20:3

#### **B. Spiritual Balance:**

1. The Word of God makes it very \_\_\_\_\_ that God should be at the forefront of everything that we are involved in, not just on Sunday but all through the \_\_\_\_\_. Mt. 6:33
2. The thing that one should never let go of is your personal relationship with \_\_\_\_\_ - give up video game time, Face book time, entertainment time, but never give up your \_\_\_\_\_ time.
3. It is interesting to \_\_\_\_\_ how people will sacrifice more for status, fame, knowledge and wealth, but never think of offering themselves to God as a \_\_\_\_\_ sacrifice. Rom. 12:1,2

### IV. QUESTION # 4:

**If Everything Was Taken From You And Only God Was Left, Would He Be Enough?** \_\_\_\_\_

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#### **A. The Unthinkable:**

1. We cannot imagine what it would be like to lose all of our family \_\_\_\_\_ and all of our possessions at one time and how that we might \_\_\_\_\_ it.
2. This is what happened to one man in the Bible named Job who did lose all of his \_\_\_\_\_ members and his possessions in one \_\_\_\_\_, and then his health also, yet he would not curse God. Job 1:20-22

#### **B. What About Us?**

1. We all have the blessings of family, friends and having our basic needs of \_\_\_\_\_ supplied, yet if we should lose it all, God has \_\_\_\_\_ to sustain us in whatever we have to go through. Heb. 13:5
2. Someone has said, "When God blesses you with material \_\_\_\_\_ and possessions, keep a very light hand upon them, because they could be \_\_\_\_\_ away at any time.

**CONCLUSION:** May we be wise and periodically examine ourselves to \_\_\_\_\_ future spiritual problems.